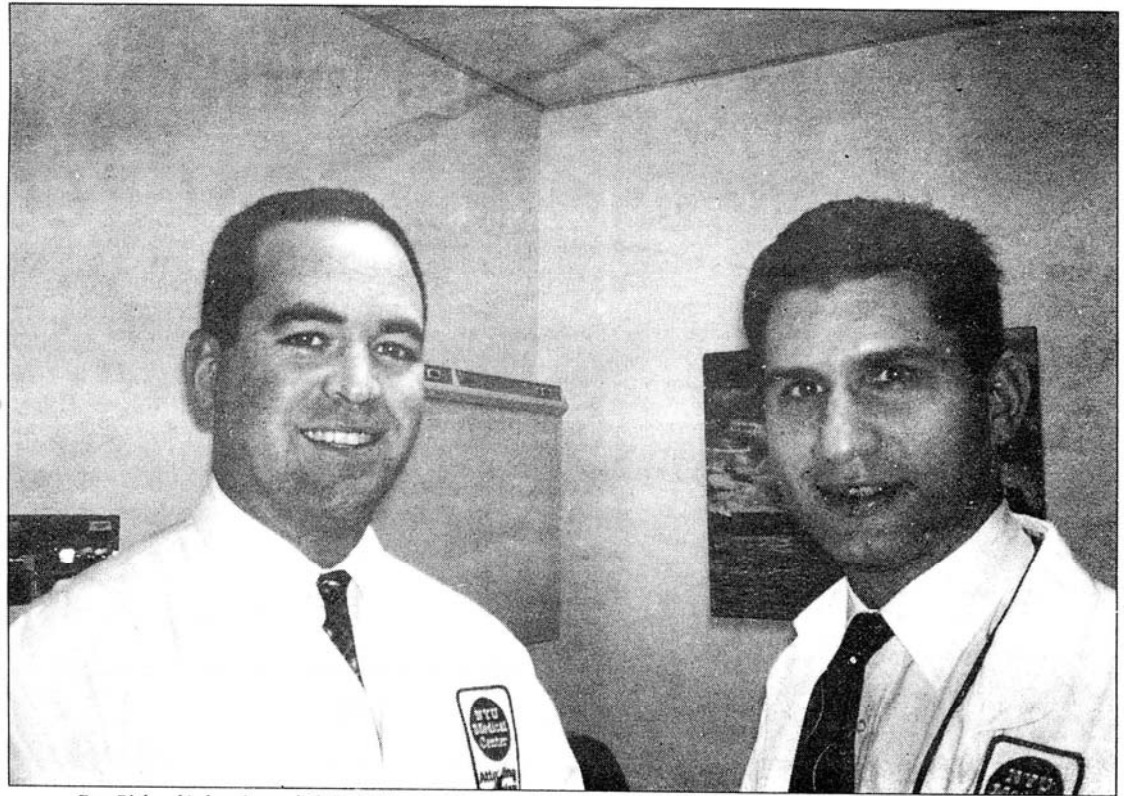


Relieving Sinus Problems, Reshaping Facial Contours

Daisy Roth, a 41-year-old physical therapist in the West Village, was plagued by a constant runny nose and nasal congestion. Oddly enough, her symptoms never developed into a cold or sinus infection. Her primary care physician suggested that she see Philip Miller, M.D., an ear, nose and throat specialist at the NYU Medical Offices at Greenwich Village.

To Daisy's surprise, she didn't have a disease but a deviated septum, which occurs when the dividing wall between the nostrils leans to one side and blocks airflow. "Nasal obstruction doesn't have the drama of a heart attack or the urgency of cancer, but it does impair the quality of life tremendously," explains Dr. Miller, Clinical Assistant Professor of Otolaryngology at NYU School of Medicine. "A deviated septum can create all kinds of problems such as inflammation of the nasal mucous membrane or rhinitis. When you fix it, patients are grateful."

The procedure to correct a deviated septum is known as a septoplasty, in which portions of the bent septum are removed and reshaped. When Dr. Miller and Daisy discussed her upcoming procedure, they also spoke about aesthetic considerations. "There was a portion at the end of my nose that I would not have minded chiseling down," Daisy recalls. "There was also a part of my chin that wasn't aligned with the rest of my face." Daisy decided that she would like Dr. Miller, who also specializes in facial plastic surgery, to make some aesthetic



Drs. Richard Lebowitz and Philip Miller, the ear-nose-throat specialists at NYU Medical offices at Greenwich Village

corrections at the same time as the septoplasty.

"My patients have both functional problems and aesthetic considerations and because of my training, I can help with both," says Dr. Miller.

Along with the septoplasty, Daisy also had rhinoplasty (adjustment of the nose) and a chin implant. The surgery was performed at the Day Surgery Unit at NYU

Medical Center. After the surgery, Daisy was relieved that she didn't have to worry about a runny nose anymore—and pleased with her new look. "I don't feel that I really changed anything, but now my features just look more balanced, more symmetrical. The best part is that it looks so natural that no one can tell why I look different."

Dr. Miller and his partner Dr. Richard Lebowitz specialize in adult otolaryngology

and nasal, sinus, head and neck surgery. They also perform facial reconstructive surgery including skin resurfacing, eyelid surgery, face-lift and forehead-lift surgery. Drs. Miller and Lebowitz offer personalized care and attention. As in Daisy's case, they are accustomed to talking to patients about their concerns—and sometimes offering solutions that the patient may not have considered.