



DR. PHILIP MILLER

WHAT ATTRACTED YOU TO COSMETIC SURGERY

The opportunity to impact both the physical and emotional aspects of my patients

FAVORITE PART OF YOUR JOB Executing the unified vision and working with my patients to define what that will look like

ALTERNATIVE OCCUPATION Software developer

HOBBIES Sports, reading, movies, exercise

PLACE YOU GO TO ESCAPE THE OFFICE Hiking in Vermont and enjoying the many wonderful opportunities to relax in NYC

FRAMED PHOTOS ON YOUR DESK My family

RIGHT NOW I'M READING The Fabric of the Cosmos by Brian Greene

I START EACH DAY Being grateful

I'M NEVER WITHOUT A positive outlook on life

I WOULD LOVE TO OWN A family retreat

ASK DR. MILLER

Q: I AM A 43-YEAR-OLD WOMAN WHO IS CONSIDERING FACIAL REJUVENATION TO HELP MY SAGGING SKIN AND DEEPENING WRINKLES. WHAT ADVICE CAN YOU GIVE ME?

A: You may want to consider facial rejuvenation achieved through combination treatment. I am a firm believer in combining surgical and non-surgical techniques in order to achieve a very natural, appealing facial aesthetic. The treatment you choose as suggested by your doctor should be designed to refresh and rejuvenate, without erasing your defining features. Each face is unique and the idea is to enhance what is already there. I find that most of my patients have some facial features that require volume enhancement, other areas that would benefit from volume reduction, and still other areas that would be enhanced by repositioning and resurfacing. However, simply wanting to look "years younger" should not necessarily be the primary goal when it comes to cosmetic enhancement. There's a misconception that youth automatically equals beauty. The real goal is to achieve an ageless, timeless beauty that reflects the essence of who you are and helps you look as young as you feel.

INSIDE INFORMATION

positive transformations

Dr. Philip J. Miller believes that aesthetic confidence comes from having a sense of empowerment about the way we look and feel. His work as a facial plastic surgeon is infused with artistic sensibility and is based on making a total connection with his patients—body, mind and spirit.

BOARD CERTIFICATION

American Board of Otolaryngology/Head and Neck Surgery

American Board of Facial Plastic and Reconstructive Surgery

MEDICAL DEGREE

University of Massachusetts School of Medicine

GENERAL SURGERY AND OTOLARYNGOLOGY INTERNSHIP

New York University School of Medicine

GENERAL SURGERY AND OTOLARYNGOLOGY/HEAD AND NECK SURGERY RESIDENCY

New York University School of Medicine

FACIAL PLASTIC AND RECONSTRUCTIVE SURGERY FELLOWSHIP

American Academy of Facial Plastic and Reconstructive Surgery, Oregon Health Science University, Portland, Oregon

AFFILIATIONS

American Academy of Facial Plastic and Reconstructive Surgery
American Medical Association

AREAS OF EXPERTISE

Facelift/Mid-facelift
Blepharoplasty
Lip Augmentation
Rhinoplasty
Otoplasty

LOCATION

New York, New York
212.750.7100

WEB SITE

www.drphilipmiller.com

"My goal is to make the plastic surgery experience as pleasurable, comforting, and exciting as possible," he says. "By acting as a counselor, educator and, of course, physician, I am able to achieve the aesthetically-pleasing and youthful results patients come to expect." Dr. Miller takes the cosmetic enhancement process one step further. "My mind-body approach to cosmetic surgery means that I care for my patients both physically and emotionally. I strive to help my patients make the most of their newfound feelings of confidence." He often refers patients to other practitioners in the fields of nutrition, exercise, grooming, and personal development. This holistic, integrated-care approach has led patients to seek out his services at his plush, 3,400-square-foot office.

Dr. Miller's six-step NatraLook Process™ begins with an analysis of goals and culminates in the realization of the desired results. "The NatraLook Process helps eliminate some of the mental roadblocks and shows them how they can look and feel the best they can," he explains. "Once you get past some of those internal conflicts, it's amazing how personalities begin to blossom." Whether performing facial rejuvenation with his unique NatraLift™, soft tissue fillers or lip augmentation, Dr. Miller leaves patients looking visibly rejuvenated, not surgically enhanced. "I look at each face as a canvas and my goal is always to create an ageless, timeless beauty that is unique to the individual."